

Left Mode	Right Mode
language (symbols) linear logic temporal judgmental controlling Many School Subjects develop left mode skills. Writing and speaking often activates your 'left mode'	spatial relations gestalt (multi-variate) a-temporal Ever drive on a long trip and lose a block of time? Left mode can't drive well, and 'goes to sleep' along with its time sense.

These ideas are developed in Betty Edward's "Drawing on the Right Side of the Brain" and "*The New Drawing on the Right Side of the Brain*"

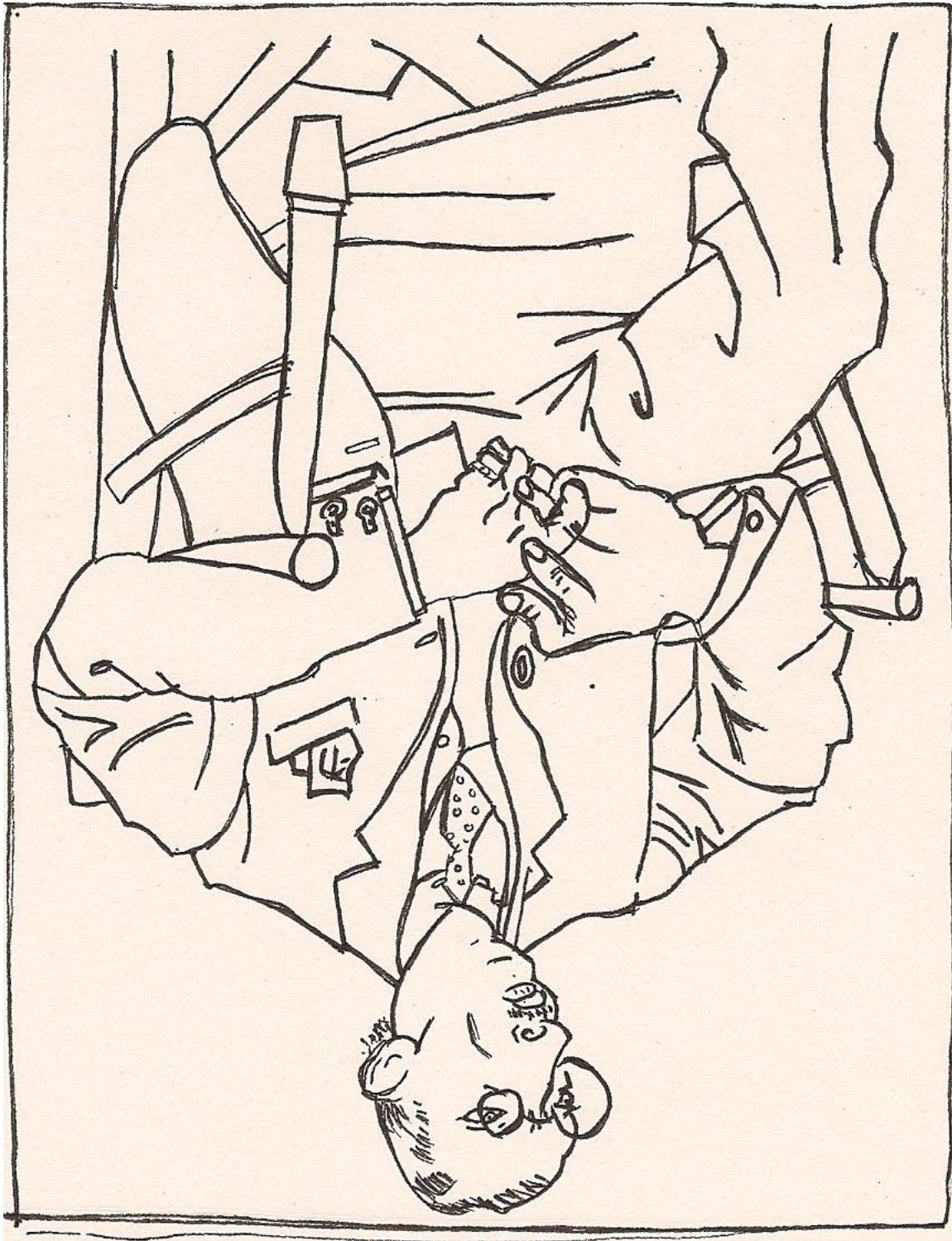
Males tend to lateralize to right hemisphere dominance earlier (middle school) and more fully than Females. Everyone's corpus callosum is the most densely packed bundle of nerves in the brain, and connects the left and right hemispheres.

Left hemispheric function draws symbols, associates marks with words, and resists non-symbolic drawing as 'wrong' and a waste of time.

The trick to beginning to draw is to bore the left mode into not dominating (like long-distance driving,) or to trick it by disguising symbols, until we can learn to turn off the left mode, ignore its protests, develop some drawing approaches standards and skills, and let ourselves really draw. This becomes easier sooner than you might expect.

For the next ten minutes, select a drawing tool, a large sheet of paper, and draw a picture of a man or woman. Turn your cell phones OFF! Avoid speaking, looking at your watch, erasing, or telling yourself that your work is wrong, you are wasting time, or this is silly.

Continue drawing until you are told to stop.



Do not turn this page right-side up! Please copy this Picasso contour drawing of Igor Stravinsky on a full sheet of paper. Try to avoid thinking of symbol names (eyes, hands, nose, pockets, etc. Think of line directions, slopes and lengths and intersections. If you make a mistake, force yourself to continue without correcting.